

COMMUNITY MENTAL HEALTH AUTHORITY

ADMINISTRATIVE POLICY AND PROCEDURES MANUAL				
Chapter	Section	Chapter	Section	Subject
Program Quality	Recipient Rights	05	01	08
Subject Sterilization, Abortion, Contraception, Family Planning	Authorization		Approved: 03/25/97 Replaces: 05/30/95	

Reviewed/No Updates: December 2020; February 2022

- I. **PURPOSE:** To establish policies and procedures related to sterilization, abortion, and contraception.

- II. **APPLICATION:** All mental health programs operated by or under contract with the Community Mental Health Authority.

- III. **DEFINITIONS:**
 - A. Abortion: The termination of pregnancy before the stage of viability induced or performed purposely, as by a surgeon.
 - B. Contraception: The prevention of conception by chemical or mechanical means, not to include surgical sterilization.
 - C. Sterilization: Surgical removal of testes or ovaries, or inactivation by irradiation, or by tying of or removal of a portion of the reproductive ducts.

- IV. **POLICY:** Notice of the availability of family planning and health information services shall be provided to recipients or applicable parents or guardians upon request by that individual.

- V. **PROCEDURE:**
 - A. The employee in charge of implementing the recipient's plan of service shall:
 1. Provide information concerning surgical sterilization or abortion, or arrange for another individual or agency to provide it, if the recipient has requested such information. The information shall be provided in an understandable manner.
 2. Notify recipients, parents, and guardians that family planning and health information is available and provide the education and information, or arrange for another individual or agency to provide it, if that individual has requested.
 3. Inform the recipient, parent, or guardian that receipt of mental health services does not depend in any way on requesting or not requesting family planning services or health information services.
 4. Document in the recipient's clinical record a summary of the type of information provided and the manner in which it was provided.
 - B. If another employee receives a request for such information, it shall be referred to the employee in charge of implementing the recipient's Individual Plan of Service.

- VI. **REFERENCES AND LEGAL AUTHORITY:** Department of Community Health Administrative Rule 7029

- VII. **EXHIBITS:** None